Research on the Construction of College English Reading Teaching System Based on "Internet +" Environment

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Abstract: College English teaching is the main way to improve college students' English level, and it is also the key to popularize English learning and its importance. English reading teaching is an important part of English education, which requires universities to constantly optimize the teaching system. Because of their poor ability of active learning, college students need to use Internet technology to help them learn English. Based on this, this paper analyses the significance of college English teaching, and expounds the existing problems in college English reading teaching. A new mode of English reading teaching system in the Internet + environment is proposed. In order to improve college students' English reading ability and make up for the deficiencies in college English education.

1. Research background

1.1 Literature review

In 2018, Shen Xiaoyan believed that the application of "Internet +" in English Teaching in Colleges and universities brought new opportunities for English teaching and solved the specific problems existing in the current teaching situation. It provides more ways for the transformation of College English teaching ideas, the cultivation of talent goals and the promotion of English teaching. A new approach to college English teaching has been constructed from different dimensions (Shen, 2018). In 2018, Zhang Qinghua believed that with the development of science and technology in China, "Internet +" has become the pronoun of the current society. The application of Internet technology in College English teaching is becoming more and more mature. As an important part of College education, English education can not only improve college students' English communicative competence, but also promote their all-round development. Therefore, the introduction of "Internet +" teaching mode in English education in Colleges and universities can effectively promote the improvement of English teaching level and improve the quality of English Teaching (Zhang, 2018). According to Fu Si in 2019, with the development of Internet technology, mobile learning has become one of the main ways of college students' learning. The introduction of "Internet +" in College English teaching can break the drawbacks of traditional English teaching, and make English teaching more convenient, flexible and efficient. To a certain extent, it can also help college students' interest in multi-English learning, cultivate self-study ability and comprehensive ability (Fu, 2019). In 2019, Wang Yu believed that modern life and the Internet are more and more closely related, and the Internet has been deeply applied in various fields. The reform of college teaching mode and the introduction of Internet in English teaching can not only effectively improve the quality of English teaching, but also help students grasp English knowledge faster and better. With the further application of Internet technology, it plays an active role in College English teaching (Wang, 2018).

1.2 Purpose of research

As an important part of the curriculum system in Colleges and universities, English is an effective means to improve students' comprehensive ability. English reading ability is an important skill in English learning. The degree of mastery of English reading can reflect students' spoken English. This is also an effective way to improve students' English ability. By exploring the

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significance of English teaching in the Internet environment, this paper analyses the problems existing in College English reading teaching. It also makes an active exploration of the construction of English reading teaching system under the background of "Internet +". In order to make the Internet more flexible, in-depth application in English reading teaching. Let college students learn English more easily, cultivate interest and ability in English reading, and become contemporary college students with comprehensive ability.

2. The significance of college english teaching under the internet environment

2.1 Learning is not limited by place and time

The extensive application of Internet technology in English teaching not only enlarges the resource space in English learning, but also improves students' English application ability. Firstly, the application of Internet in English reading teaching can improve the flexibility of English reading teaching. Students can use their spare time to find relevant courses on the Internet for learning. This can not only save the time for students to learn English, but also cultivate their interest in learning. Secondly, using the Internet to learn has a strong interest. For example, students can change their learning by playing games with some English learning apps or communicating with simulated foreigners online to enhance their interest in learning through continuous games and interactions. Therefore, Internet technology not only provides convenience for all aspects of people's life, but also makes English learning more interesting and flexible in the choice of learning time and place. It also helps more students to use your Internet for learning (Huang, 2019).

2.2 Expanding English information knowledge

While providing convenience, the Internet also provides a huge amount of learning resources. At the same time, college students can use their spare time to search for resources in the network to strengthen the learning of classroom knowledge. At this stage, college students are mainly independent through the Internet to find English resources for reading training. This will lead to poor oral English ability of students, can not quickly improve English reading ability, and then lose enthusiasm for English learning. Therefore, the introduction of the Internet into English reading teaching can effectively break this vicious circle of learning mode. There are rich and colorful contents in the Internet, and young people also like to use the Internet for learning. According to the needs of English reading teaching, combining the rich content of the Internet with teaching will make students more active in the process of English reading learning. To a certain extent, it can also enhance students' interest in learning, in order to improve students' English reading level (Ren, 2018).

3. Problems in college english reading teaching

3.1 Students' low motivation in English learning

As far as China's current teaching mode is concerned, examination-oriented education is still the main one. From elementary school to high school, all the students are under the pressure of entering school. Especially in the most important junior high school and senior high school stages of English learning, schools and parents make learning plans for students to enter good senior high schools and universities. All the time is arranged very closely, which to some extent measures the best period of English learning. After going to college, most students think that university is their liberation place, and they are more resistant to English learning without the pressure of going to college. In English learning, we are constantly indulging ourselves, as long as we can pass the exam, as long as we can get credits, we will be satisfied. This leads to the loss of students' enthusiasm for English learning (Huang, 2019).

3.2 Students lack of reading practice training environment

Language as a bridge between people, and English as the most popular language in the world, its

learning difficulty compared with other languages can be accepted by Chinese College students. English learning is mainly for the convenience of international communication in the future. No one can live, clothes and food without language. If we live abroad, not only can we not say what we want to convey to each other, but also can not ask for help when we need help. In the process of English teaching in Chinese colleges and universities, the content of their learning is only for the purpose of examinations, but they are not aware of the importance of English learning. So it is only through classroom teaching, but not practical application in life. On the other hand, due to the lack of appropriate English learning environment, students can not grasp English reading and practical communication skills, but can not substantively learn English well. This is also a big problem faced by Chinese universities in English teaching.

4. A new mode of college english reading teaching system based on internet + environment

4.1 Changing college English teaching system

At present, there are still many problems in College English teaching. The main reason for these problems is that the single teaching method makes the English classroom not interesting. The effective way to solve this problem is to use Internet technology to reform English textbooks vigorously. According to the students' mastery of English knowledge, we can reduce the difficulty of teaching materials and increase the interest of learning so that students can master English knowledge with interest. In addition, the training of reading in English teaching should be included in the key ranks, and "Internet +" should be integrated into the actual teaching of English reading. Let colleges and universities pay enough attention to the reform of English education system. In this way, students can pay more attention to English learning, promote the overall teaching level of College English reading, so that students are interested in learning English.

4.2 Training students' ability of independent learning

The teaching of college teachers is an important aspect of improving students' English reading ability. If the teacher's teaching goal is not to focus on students' learning, it does not follow the curriculum requirements to implement teaching. Then, students' English reading ability can not be effectively improved. Teachers should use "Internet +" technology to integrate classroom content into teaching. Make full use of the rich resources of the Internet to constantly cultivate students' interest in English learning. Through the guidance of teachers, we can constantly cultivate students' autonomous learning ability. Students encounter difficulties in English reading, which can be solved quickly through the Internet or by looking for teachers. Students will continue to increase their enthusiasm for English learning, thereby continuously improving their self-learning ability.

4.3 Enhance the fun of English teaching

College English teaching still follows the traditional teaching mode. This kind of teaching mode is single and dull, which leads to the lack of effective improvement of classroom atmosphere and students' lack of interest in English reading. Colleges and universities should make use of the Internet to integrate English teaching resources on the Internet and push some interesting English news to students. In this way, the traditional teaching mode of English reading can be constantly changed through flower networking, which can enhance students' interest in learning in the classroom. Or the teacher can tell some Chinese folk stories to the students in English and organize them into learning materials so that the students can read them after class. This can not only promote the communication between teachers and students, but also train students' English expression ability. In order to promote the overall interest of college students in English learning, improve English reading ability.

5. Conclusion

To sum up, English reading is of great importance to college students' English learning. This is to improve the teaching level of English reading, but also to enhance the overall English education in

Colleges and universities an important link. From the perspective of students, to improve their English reading ability, colleges and universities need to reform the teaching system to continuously cultivate students' self-study ability. In this way, students will be interested in English reading and improve the overall level of English teaching in Colleges and universities.

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